

## **When Do Students Need To Stay at Home?**

One of the primary goals of our health services is to assure a healthy school environment. When a child is not feeling well, parents sometimes struggle with the decision about whether to keep the child at home. At YIS, we want the environment we provide your children to be safe and healthy for everyone at school. Therefore, sick students must stay at home, for their own benefit as well as for preventing transmission of illnesses to other students and staff.

**If your child is experiencing one or more of the following symptoms, he or she needs to be kept at home from school:**

- **Fever**  
If your child has a fever of 37.5 degrees Celsius (99.5 degrees Fahrenheit) or higher taken under the arm, accompanied by sore throat, any form of rash, vomiting, diarrhea, earache, irritability or confusion, he/she should remain at home until at least 24 hours after the temperature returns to normal (below 36.9 C/98.5 F) without fever reducing medication (e.g. Tylenol®).
- **Vomiting/Diarrhea**  
If your child has vomited or had diarrhea at home, he/she needs to stay at home until at least 24 hours after the last episode.
- **Rash**  
If your child has any rash that may be disease-related or for which the cause is unknown, he/she should be seen by a physician before returning to school.
- **Cold**  
If your child has a severe cold (runny nose, headache, nausea or a deep or hacking cough)
- **Sore Throat**  
If your child complains of a mild sore throat and has no other symptoms, he /she may come to school. However, if the sore throat is persistent, if white or red spots can be seen in the back of the throat, or if a fever is present, he/she needs to stay home. In case of strep throat the child must stay at home for 24 hours after the first dose of antibiotics.
- **Eye Discharge**  
When a child has thick mucus or pus draining from the eye, also known as pink eye or conjunctivitis, he/she should be seen by a physician before returning to school.